CONTACTS:
Panelists:
Deborah Alexander: drdeborahalexander@gmail.com
Rachel Bernstein: bernsteinlmft@gmail.com
Heather G. Hunnicutt: hgoft79@gmail.com

Moderators:
Kerri Parker, Executive Director of the Wisconsin Council of Churches: wcoc@wichurches.org;
Wisconsin Council of Churches website: https://www.wichurches.org/
Wisconsin Council of Churches Facebook Page: https://facebook.com/WisconsinCouncilOfChurches
Wisconsin Council of Churches Youtube Channel: https://youtube.com/wisconsincouncilofchurches
Leah Schade, Co-founder of the Clergy Emergency League: clergyemergencyleague@gmail.com
Clergy Emergency League website: https://www.clergyemergencyleague.com/
Clergy Emergency League Facebook Page: https://www.facebook.com/ClergyEmergencyLeague
Clergy Emergency League Facebook Group (clergy only): https://www.facebook.com/groups/3268854966534981

RESOURCES
Churches dealing with radicalized members
QAnon and other conspiracy theories are taking hold in churches. Pastors are fighting back (article) https://www.latimes.com/world-nation/story/2021-03-03/la-na-church-qanon-conspiracy-theories?fbclid=IwAR1l2O_Il4AK19uVa7NLsV-SA2IPpdusFvQcqGFQPNTea96Ew3_JZmrlnYQ

Pastors are leaving their congregations after losing their churchgoers to QAnon https://www.businessinsider.com/pastors-quit-after-qanon-radicalize-congregation-2021-3

“His pastors tried to steer him away from social media rage. He stormed the Capitol anyway.” https://www.washingtonpost.com/religion/2021/02/19/michael-sparks-capitol-siege-jan-6-christian/

The Liturgists on Spiritual Trauma (podcast): https://theliturgists.com/podcast/2017/5/16/spiritual-trauma?fbclid=IwAR1oMggqMbM_Usdkle38H0P25XOx25L7B881Zu5RO46NXkJOUW0qIPkCL8

Organizations and other resources for understanding cults:
Indoctrination with Rachel Bernstein (podcast) http://www.rachelbernsteintherapy.com/indoctrination-podcast/

Steve Hassan's BITE Model (webpage): https://freedomofmind.com/bite-model/?fbclid=IwAR2JXs37bTdpg3ufdUoNR3tCNk-ATYHKly2xR493GhpvHtzB49aYPhz9Q


Why people join cults. Interview with Rabbi Edward Feinstein: https://youtu.be/rVNZNsOPdSI
Specific cults:
QAnon - https://www.salon.com/2021/03/14/cult-recovery-experts-explain-how-to-deprogram-qanon-adherents/

Former QAnon follower speaks out (newspaper article):
https://www.washingtonpost.com/technology/2020/10/24/qanon-believer-conspiracy-theory/?fbclid=IwAR0diPzPmEoGTcDoiuOG_xHcRN2WDUSqw3rWhxvbMPQWMw79luDW4O12jyA

Heaven's Gate - https://youtu.be/SmtI7d5ZUeE

International Church of Christ - https://youtu.be/4XERkG42lW4

Scientology - https://youtu.be/TFQ4S2yGtqM


How to talk with people who are in cults
How To Talk With—And Maybe Help—Someone Who Believes In QAnon And Other Conspiracy Theories

I've been talking to conspiracy theorists for 20 years – here are my six rules of engagement
https://theconversation.com/ive-been-talking-to-conspiracy-theorists-for-20-years-here-are-my-six-rules-of-engagement-143132

How to Talk to Friends and Family Who Share Conspiracy Theories

Cults and Trumpism
The Cult of Trump: https://bookshop.org/books/the-cult-of-trump-a-leading-cult-expert-explains-how-the-president-uses-mind-control/9781982127336

Breaking Hate: https://bookshop.org/books/breaking-hate-confronting-the-new-culture-of-extremism/9780316522939

Trump's Use of Mind Control (podcast): https://slate.com/podcasts/trumpcast/2020/03/trump-mind-control-madness?fbclid=IwAR0t-k_kz5oB56N7Z7X AeQZBDvvljzf d4QbijOpb06EXx2LZp0luUB8oyP0

Exiting Cults
12 Step Programs- https://youtu.be/DoBYYjWjBIA

Coping after Leaving the Cult (YouTube video):
https://www.youtube.com/watch?v=nXiO935gJvw&list=PLvbdQ8F8DTwc5_clnf3HXwkgTdwYOupV&index=2

The Effects of Trauma (YouTube video): https://www.youtube.com/watch?v=m9Pg4K1ZKws (CW: some "casual" sexism; otherwise very good)
RESOURCES CURATED BY
Deborah Lynn Alexander, PhD
March 16, 2021

Fake News/Disinformation


https://youtu.be/g2AdkNH-kWA (5 Ways To Spot Fake News)

https://youtu.be/klBW_LMPZvE (The Seven Most Common Types of Information Disorder)


Exiting Hate Groups/De-Radicalization

https://youtu.be/0rAo8rvHV2I (There Is Life After Hate PSA)


https://youtu.be/jve0OaOXv2k (Can You Change the Mind of a Racist?)

https://amp.usatoday.com/amp/4160249001 (Capitol Riot, Conspiracies, Extremism: Understanding De-radicalization)

https://static1.squarespace.com/static/5a906d96b105989526c1ec08/t/5fd7b78e085ac14bd121ab92/1607972753899/What+to+do+when+a+loved+one+sides+with+white+supremacists.pdf?fbclid=IwAR0dJHwbVf4Qvexj65KLUWSSvRIUE0qRIHIGNe9fFJnkunpEvKgdIPf4 (What To Do When A Loved One Sides With White Supremacists)


https://www.nbcnews.com/news/us-news/ex-kkk-member-denounces-hate-groups-one-year-after-rallying-n899326 (Ex-KKK Member Denounces Hate Groups One Year After Rallying in Charlottesville)


https://theconversation.com/five-films-you-need-to-watch-to-better-understand-radicalisation-122225


https://lithub.com/how-did-conspiracy-theories-come-to-dominate-american-culture/ (How Did Conspiracy Theories Come to Dominate American Culture?)


https://www.scientificamerican.com/article/people-drawn-to-conspiracy-theories-share-a-cluster-of-psychological-features/ (People Drawn to Conspiracy Theories Share a Cluster of Psychological Features - Scientific American)

https://mashable.com/article/qanon-conspiracy-theory-help.amp (Some People Are More Likely to Believe Conspiracy Theories. Here's How to Know if You're One of Them.)

Exiting Homegrown Radicalization, Extremism; Support Groups; Creating Resilient, Respectful Communities

https://weareweavers.org (Aspen Institute, Social Fabric Project: Building connected, supportive communities, weaving a rich, diverse social fabric.)

www.lifeafterhate.org (To help people leave far-right groups, particularly white supremacy groups.)

www.Parents4Peace.org (Empowering families, friends, and communities to prevent radicalization, violence and extremism.)

www.freeradicals.org (A disengagement platform that helps individuals, and their families, or communities, in exiting hateful and violence-based extremism.)

https://moonshotcve.com (Specialize in finding vulnerable audiences demonstrating interest or advocating for violent extremism and terrorism online. Develop online campaigns, interventions; connect vulnerable individuals with safer content, counsellors).

https://dhs.gov/cve/resources (Dept of Homeland Security Countering Violent Extremism Task Force)

https://cve.fbi.gov (FBI – excellent extremism site with sections for teenagers)

https://www.reddit.com/r/ChangeMyView/ (Online forum challenging about radical opinions.)

https://www.reddit.com/r/QAnonCasualties (Online forum for QAnon survivors, family members needing support.)

https://www.splcenter.org (Southern Poverty Law Center: longstanding nonprofit working in partnership with communities to dismantle white supremacy and strengthen racial justice.)

https://onepeoplesproject.com (Combats right wing groups and individuals by exposing fascists threats.)
https://www.theforgivenessproject.com/ (Shares stories of forgiveness, empathy and understanding from around the world; offers courses to provide tools to build resilience, empathy; reconciliation.)

https://beyondconflictint.org (Applies insights from neuroscience, cognitive and social psychology, and behavioral science to bridge social divides in US and around the world. To understand and address the causes and consequences of conflict to revolutionize the fields of conflict resolution, peacebuilding, social justice & reconciliation.)

https://greatergood.berkeley.edu (Explores the roots of happy and compassionate individuals, strong social bonds, and altruistic heavier – the science of a meaningful life.)

https://oneamericanmovement.org (Appalachian-based, started by Pastor Joel Rainey of WV's Covenant Church; nonprofit to confront toxic polarization in our country, focusing on faith communities.)

https://www.racialequitytools.org Tools, research, tips, curricula and ideas for people who want to increase their understanding and to help those working for racial justice at every level - in systems, organizations, communities, and the culture at large.)